



Ministry of Health & Family Welfare
Government of India



National Tele-Mental Health Programme of India | **Tele MANAS**



TOLL FREE NO

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1

Enhance mental health services capacity in order to deliver accessible and timely mental healthcare

2

Facilitate timely referral

3

Ensure a continuity of services in the community

4

Ensure mental healthcare capacity and networking

Launched on
World Mental
Health Day
10th Oct 2022

05

Regional
Co-ordinating
Centres

23

Mentoring
Institutes

51

State
Tele MANAS
Cells

